

2018 in focus

# Who are we?

- Schools for Health in Europe Network Foundation (SHE) is a network of health promoting school professionals from 29 countries in the European region.
- SHE is a non-profit making foundation.
- SHE is supported by: the WHO Regional Office for Europe and the European Commission.
- SHE aims to support the development and implementation of school health promotion in the European region and worldwide.

# What do we do?

- SHE focuses on making school health promotion and well-being an integral part of policy development in the Education and Health sectors in Europe and encourages the Health and Education sectors to work together more efficiently.
- SHE uses the health promoting school approach as an evidence-based and comprehensive way of developing school health policy and initiatives.
- SHE uses a positive and broad concept of health and well-being and acknowledges the UN Convention of the Rights of the Child.

Find the SHE online school manual here.

### SHE shares good practice, expertise and skills

### SHE factsheets

- 1. State of the art: health promoting schools in Europe
- 2. School health promotion: evidence for effective action
- 3. Effective networks and partnerships for health promotion in schools

Find the factsheet series and more material here.

### SHE teacher training

In 2018 and every following year one module for teacher training will be developed. In 2018 the theme is the concept of health and health promotion.

### SHE provides information and advocates for school health promotion

SHE develops communication materials on school health promotion, gives lectures at conferences and meets with stakeholders all over Europe to plan and support school health promoting initiatives.

### SHE provides support and professional development of SHE members

SHE arranges a yearly capacity building workshop for its members and gives ongoing support to strengthen the health promoting school approach in each member country.

### SHE Research Group

The SHE Research group is a consortium of researchers and research institutions from across Europe. Membership is open to anyone with a research background and an interest in school health promotion.

### SHE encourages research on school health promotion.

SHE organises yearly research group meetings and workshops to stimulate collaboration and knowledge transfer in the research field of school health promotion and education.

# Schools for Health in Europe Network Foundation

### SHE secretariat

The SHE secretariat is hosted by University College South Denmark.

### SHE national and regional coordinators

SHE is represented in 29 countries and 5 regions in the European region by SHE national and regional coordinators. Each coordinator acts as the key person for SHE in the development of school health promotion in her/his country.

### SHE branch office in Moscow

The SHE branch office in Moscow serves the Russian speaking countries in Eastern Europe and Central Asia. The branch office is supported by the Russian Ministry of Health and WHO Europe.



# SHE activities and tools in 2018

In 2018 SHE will deliver the following activities and tools:

- New website and logo
- 4 newsletters
- Capacity building workshop
- One module for teacher training in three language versions
- Facilitating of school twinning
- Two new language versions of the SHE online school manual
- Online school health promotion glossary
- SHE factsheet no 4 on school health promotion and reducing health inequalities
- Video animation on reducing health inequalities
- Scientific publication

## **Further information**

To find out more about SHE, please visit our website www.schools-for-health.eu or contact the SHE secretariat.

### SHE secretariat

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## Stay connected

Stay up-to-date on SHE and health promoting school related developments by assigning to our free SHE newsletter. It is published every two months. Sign up for the newsletter here.

